

Abstract of the Disclosure

A golf club and a primarily non-metallic golf shaft that has an overall light weight are provided. The shaft has a weighting plug located to provide a swingweight similar to a typical steel shafted golf club. A method of making the golf club and golf shaft is simple and efficient, and centers the plug in the golf shaft. The method also provides
5 the advantage of substantially infinitely variable plug density selection within a range of densities. A set of clubs thus made increases playability by providing a range of club weights in the set.